

SANTHIGIRI SIDDHA MEDICAL COLLEGE

Santhigiri P.O., Thiruvananthapuram

NATIONAL SERVICE SCHEME

UNIT NO.SM001-1

ACTIVITIES REPORT FOR THE YEAR 2016.

(January to December)

1. **Date** : **12.1.2016**

Subject : **International Youth Day.**

NSS volunteers were beautifying the college campus with the pictures and aphorisms charts of Swami Viveganandhar for the celebration of International Youth Day. The expenditure was met from RRC regular activities fund for the year 2015-16.

2. **Date** : **26.1.2016**

Subject : **Republic Day Celebration.**

The Celebration started with National Flag hoisting by Vice principal (Academic) Prof. Dr.K. Jegannathan at 8.30 a.m. followed by pledge taking and sweets distribution. The Vice principal and Dr.M.Kanniyakumari explained about the importance of the republic day and National Integration. All other faculties shared their Republic day wishes to the NSS volunteers. 75 NSS volunteers attended this celebration. The programme was concluded at 11am. The expenses were met from N.S.S. regular activities fund for the year 2015-16.

3. **Date** : **18.2.2016**

Subject : **Cancer Awareness Rally.**

This rally was started with the waving of flag by the Arch Bishop of the state. This program was inaugurated by Sarvadarneeya Swami Gururethnam Jnana Thapaswi, Organizing secretary, Santhigiri Ashram, former National Athletic plyer Anju George was participated and showing her enthusiasm towards the awareness against the Anti-Cancer. 68 NSS volunteers and 4 faculties were participated in the rally from Gowdiar to Kanagakunnu palace at Thiruvananthapuram.

4. **Date** : **1.3.2016**

Subject : **NavajyothiSreeKarunakara Guru- Book release function.**

The founder of the Santhigiri Ashram NavajyothisreeKarunakara Guru's Biography "NavajyothiSreeKarunakara Guru" was written by Sarvadarneeya Swami Gururethnam Jnana Thapaswi, Organizing secretary, Santhigiri Ashram was released at Mascot Hotel on first of March, by Honorable Home Minister of Kerala, Shri. Ramesh Chennithala. In this programme 120 students and all teaching and non- teaching staffs were participated.

5. **Date** : 2.3.2016

Subject : **The Workshop on Mind and Health Management.**

95 NSS volunteers and all the faculties were participated in the workshop on "Mind and Health Management" conducted by Dr. B.K. Chandra Shekhar at our college auditorium on second March. This programme was organized by the Santhigiri Ashram with the help of Science club of our college.

6. **Date** : 15.3.2016

Subject : **TherinjeduthaLeganangal -Book release function.**

"TherinjeduthaLeganangal"book was written by Sarvadarneeya Swami Gururethnam Jnana Thapaswi, Organizing secretary, Santhigiri Ashram was released at Mascot Hotel on fifteenth of March by SreePinarayeVijayan CPIM, Politburo Member of Kerala. In this programme 108 students and all teaching and non- teaching staffs were participated.

7. **Date** : 17.3.2016

Subject : **Campus Cleaning.**

46 NSS Volunteers and 2 faculties were participated in the campus cleaning programme in college premises and herbal garden regarding Swacha Bharat cleaning programme..The refreshments were met from N.S.S. regular activities fund for the year 2015-16.

8. **Date** : 12.4.2016

Subject : **One day Seminar.**

All NSS volunteers and all the faculties were participated in the one day seminar on "Unvelling the Truth of Siddha Soothras& Methodology of Special Preparations" conducted by Shri. Malayattoor Sukumaran Vaithyar and other traditional practitioners of kerala at our college auditorium on 12th april. This programme was organized by the Science club of our college.

9. **Date** : 06.05.2015

Subject : **Providing Voluntary Service in connection with NavaolijyothirDinam.**

24 NSS Volunteers were render the voluntary service to the devotees of Santhigiri Ashram on 6th of May 2016 In connection with NavaolijyothirDinamfunction at Santhigiri Ashram.

10. **Date** : 01.06.2015

Subject : **Anti-Tobacco Day Observance.**

A street drama and a mime were performed by the Volunteers with the theme of tobacco abuse. Followed this huge walkathon was performed by the NSS volunteers and Teaching and Nonteaching staffs from Pothencode junction to the college.

11. **Date** : 08.06.2015

Subject : **World Environment Day Celebrations.**

All the teaching and non-teaching staffs and Bhoomitra club & NSS volunteers were participated in the World Environment Day celebrations 2016. In this programme more than 50 saplings were planted in and around the college premises and various cultural programmes regarding save our environment.

12. **Date** : 09.06.2016

Subject : Medical Survey.

Medical survey was conducted by the NSS volunteers and Internees in the area in and around Kunnampuram, Thambanoor, Paalayam and near premises to identify and educate on seasonal illness and dengue prevention. This was organized by SHRO.

13. **Date** : 10.06.2016

Subject : Blood Donation And Critical Care Unit Formation.

As per the KUHS University Notification in our college Nss unit Initiated and Formed a Blood Donation and Critical Care Unit was formed and the details were mailed to the University.

14. **Date** : 20.06.2016

Subject : Blood Donation.

Keerthyvarman Third Prof. Student and VijayaKumar First prof. students has donated blood at Medical College Hospitals.

15. **Date** : 20.06.2016

Subject : Essay Competition on Yoga Day Celebrations.

Essay competition was conducted in the topic of “Yoga for Youth” in the part of yoga day celebrations. 30 students were participated and prizes given on international yoga day.

16. **Date** : 21.06.2016

Subject : International Yoga Day Celebrations.

In the celebrations of International Yoga Day, our NSS unit has conducted a Mass yoga performance by all students and teaching and non-teaching staffs at 7am. at college auditorium, followed this Presentation various eminent persons like CCIM member and yoga teacher were participated and explained about the importance of yoga in day to day life and distributed the prize to the winners of essay competition. And a seminar was conducted by Dr.Saravanan, Lecturer, department of SirappuMaruthuvam and yoga demonstration by NSS volunteers.

17. **Date** : 20.06.2016

Subject : Blood Donation.

Amal Kumar Second Prof. Student has donated blood at RCC Hospitals.

18. **Date** : **28.06.2016**

Subject : **NSS accounts were submitted for Auditing.**

NSS accounts were submitted for auditing to the Santhigiri Ashram auditor after completed auditing he gave the Utility certificate for the year 2015-16. Then the certificate was mailed to KUHS university NSS cell by email and speed post.

19. **Date** : **01.07.2016**

Subject : **National Doctor's Day celebrations.**

On that day a seminar and special speeches were conducted by various eminent persons in the field of Medicine, Chief Guest Dr. Johnson, Cardiologist, Lotus Cardiac Hospital, Kottarakkara. and cultural programmes also conducted by the NSS Volunteers.

20. **Date** : **04.07.2016**

Subject : **SRF Invited Talk Series 2016-17.**

Pathmabhushan Prof (Dr) B.M. Hegde, Former Vice Chancellor of Manipal University, delivered an Lecture on "Modern Medical Science & Traditional Medical Wisdom of INDIA". It was a mind blowing and eye opening speech for the gathering. This programme was organized by SRF and the Santhigiri ashram and this function was inaugurated by the Organizing Secretary of Santhigiri Ashram.

21. **Date** : **12.07.2016**

Subject : **Blood Donation.**

Arun Second Prof. Student has donated blood at RCC Hospitals.

22. **Date** : **20.7.2016**

Subject : **One day Seminar.**

One day seminar on Cancer and Management was held at St. Theresa auditorium. In this Final & third prof. students were participated and gained the knowledge current update on cancer management.

23. **Date** : **11.08.2016.**

Subject : **Graduation Ceremony 2016.**

Chief Inaugural Address and Graduation Certificates are given by Hon'ble. Minister Shrimathi. Shylaja Minister of Health and Family welfare, Govt. of Kerala. All the NSS volunteers attended the function and participated in various cultural programmes.

24. **Date** : **14.8.2016**

Subject : **Campus Cleaning.**

32 NSS Volunteers and 2 faculties were participated in the campus cleaning programme in the college premises regarding Independence day celebrations. The refreshments were met from N.S.S. regular activities fund for the year 2016-17.

25. **Date** : **15.08.2016.**

Subject : **Independence Day Celebrations 2015.**

75 NSS volunteers attended the event. Swami Gurusavidh jnana tapasvi, Incharge Finance dept. Santhigiri Ashram hoisted the flag, Vice principal academic deliver the oath and other teaching and non-teaching staffs of our college were participated and deliver their wishes and explain the duty of NSS volunteers on National Integration and the NSS Programme officer gave the vote of thanks and distributed the sweets to the participants. The refreshments were met from N.S.S. regular activities fund for the year 2016-17.

26. **Date** : 30.08.2016
Subject : **Providing Voluntary Service in connection with Navapoojitham Celebrations**

32 NSS Volunteers were render the voluntary service to the devotees of Santhigiri Ashram on 30st of August 2016 In connection with Inauguration of Navathi Celebration of NavajyothiSreeKarunakara Guru in Navapoojithamceleberation function at Santhigiri Ashram. Honorable Vice President of India Shri. Hameed Ansari had inaugurated the programme and delivered the inaugural speech.

27. **Date** : 06.09.2016
Subject : **Blood Donation.**

Surya Narayanan First Prof. Student has donated blood at RCC Hospitals.

28. **Date** : 09.09.2016.
Subject : **Onam Celebrations 2016.**

All the NSS volunteers participated in the events conducted by our college. They beautified our college with pookalam and Onam wishes. Onam songs performed with the combined efforts of NSS volunteers. Competitions like uriadi, athapookalammalsaram, thiruvathira kali, vadamvalimalsaram, solo songs and solo dances were conducted in this programme. By this programme the volunteers were established their cultural talents in a grand manner.

29. **Date** : 24.09.2016.
Subject : **NSS Day Celebration.**

NSS Programme Officer has conducted an Interactive session with the newly enrolled volunteers over the topics of NSS motto "Not Me; But You" and the Significances of Blood Donation for the new volunteers. 41 NSS volunteers were participated in this programme.

30. **Date** : 09.11.2016.
Subject : K.R.Narayanan Anusmaranam.

All students, teaching and non-teaching staffs were participated in this programme at Thiruvananthapuram for the Birth anniversary function of Former President of India, Sree. K. R. Narayanan. In this function various political leaders and eminent persons were shared their experience with the former president.

31. **Date** : 13.12.2016
Subject : Blood Donation.

Arun and Gautham Varma of 13th batch donated their blood at KIMS hospitals.

32. **Date** : 19.12.2016
Subject : One day Seminar.

Madhyamam Educational Seminar was conducted at our college auditorium, this was inaugurated by Dr.P.Radhakrishnan Nair, Chairman and MD of Amar Fertility Centre. This motivational seminar was led by the Dr. M.S. Umar, his mesmerizing speech made the students in an enthusiastic state and they forgot to have their lunch itself.

33. **Date** : 31.12.2016.
Subject : World AIDS Day observance.

184 NSS volunteers and all teaching and non-teaching faculties were participated in the World AIDS Day observance programme held on 31st dec. 2016. At our college auditorium. Welcome speech given by the Dr. K. Nandhagopal, NSS Programme officer, presidential address delivered by Prof. Dr.R.Devarajan, Principal, then the Positive speaker Smt. Santhya shared her experience on living with HIV positive and the social stigma she overcome with her will power. This certainly changed the attitude and view of volunteers on AIDS patients. Rs.5000 was collected by the Volunteers and Staffs for the welfare of AIDS patients was given to her. Then the votes of thanks given by volunteer Subin. The refreshments were met from RRC regular activities fund for the year 2016-17.

Sd/-

NSS Programme Officer.

Sd/-

PRINCIPAL